

At	Turn	Go	Camino Real Double Century
Start Line: Staybridge Inn & Suites, Lake Forest			
0.0	R	0.1	Exit hotel right onto Orchard Rd.
0.1	L	0.6	Rancho Pkwy (SS)
0.7	L	6.8	Alton Pkwy (TL)
7.5	L	0.5	Sand Canyon Rd (TL)
8.0	C	0.2	at traffic circle , take 1st exit onto Shady Canyon Dr.
8.2	R	2.2	onto Shady Canyon bike trail
10.4	L	0.6	to continue on Shady Canyon trail
11.0	R	0.1	Bommer Canyon (to exit the bike trail)
11.1	L	1.1	Shady Canyon Dr.
12.2	L	0.2	Bonita Canyon Dr.
12.4	L	0.5	Turtle Ridge Dr.
12.9	L	4.1	Newport Coast Dr (TL)
17.0	L	4.7	Coast Hwy (TL)
21.7	L	3.5	Broadway/Laguna Canyon Rd / SR-133 (TL)
25.2	R	1.4	El Toro Rd (TL)
26.6	R	4.4	Aliso Creek Rd (TL)
31.0	R	2.3	Alicia Pky (TL)
33.3	R	3.0	Crown Valley Pky (TL)
36.3	L	1.9	Pacific Coast Hwy (TL)
38.2	R	0.2	Green Lantern St (Before Blue Lantern TL)
38.4	L	0.3	Cove Rd (SS) - Super steep descent!
38.7	L	1.2	Dana Point Harbor Dr (SS)
39.9	R	4.0	Pacific Coast Hwy (TL) / El Camino Real
43.9	R	3.1	Avenida Pico - Follow Bike Route Signs
47.0	R	1.0	Avenida Del Presidente
48.0	L	0.0	Cristianitos Rd (SS)
48.0	R	1.1	Enter bike trail heading South
49.1	C	2.7	Exit through fence, continue South
51.8	C	3.2	Enter campground
55.0		0.1	Campground exit.
55.1	R	1.1	Las Pulgas Rd. (SS)
56.2	L	9.8	Enter I-5 Southbound (please ride through rest area)
66.0	Exit	0.3	Exit I-5 at Oceanside Harbor Dr.
66.3	C	0.7	Straight across Harbor Dr. onto Coast Highway (TL)
67.0	R	0.1	Neptune Way
67.1	R	7.4	Enter bike trail at the end of Neptune Way
74.5	R	0.1	College Bl - after loop under bridge - exit bike bath.
74.6	R	0.3	North River Rd. / Vandegrift Blvd (TL / T-int)
74.9	R	4.0	to stay on North River Rd. (TL)
78.9	R	0.7	Hwy 76 (TL / T-int)
79.6	R	2.6	Old River Rd. (TL)
82.2	R	4.6	Camino Del Rey (SS) in Bonsall
86.8	R	0.8	Old Hwy 395 (SS / T-int)
87.6	R	0.1	All Seasons Campground: Store with food and drinks
87.7	R	0.4	Old Hwy 395
88.1	L	5.5	Old Castle Rd.
93.6	L	1.5	Lilac Rd (EASY TO MISS!)
95.1	L	1.8	W Lilac Rd.
96.9	R	8.5	to stay on W. Lilac Rd. (SS)

R = Right

L = Left

C = Continue

SS = Stop Sign

TL = Traffic Light

105.4	R	0.3	Camino Del Rey (SS)
105.7	R	0.3	to stay on Camino Del Rey (SS)
106.0	L	5.3	CA-76 (TL)
111.3	R	0.9	Santa Fe Ave then go STRAIGHT ONTO BIKE PATH
112.2	R	0.1	Tyler St (becomes Andrew Jackson St)
112.3	R	0.7	San Luis Rey River Trail
113.0	@	6.9	Lunch Stop: 12:30pm to 3:30pm
119.9	R	0.3	exit bike trail onto N. Pacific St.
120.2	R	0.3	Harbor Dr
120.5	R	0.4	to stay on Harbor Dr.
120.9	L	7.5	I-5 Northbound (please ride through rest area)
128.4	R	0.2	Exit I-5 at Las Pulgas Rd
128.6	R	0.1	Las Pulgas Rd. (SS)
128.7	L	3.3	Bike Trail. Back track morning route on trail!
132.0	@	3.1	Enter South end of campground
135.1		2.7	Exit North end of campground at the ranger shack.
137.8	R	0.1	to bike crossing.
137.9	R	1.1	Cross road and turn right through fence opening.
139.0	L / R	1.1	Cristianitos Rd / then immediate right onto Ave Del Presidente
140.1	L	2.9	Ave Califia - then follow Bike Route Signs
143.0	L	0.1	at traffic circle take 2nd exit (left) onto Boca De La Playa
143.1	R	0.4	Ave Pico
143.5	L	2.8	Ave Vista Hermosa
146.3	L	4.2	Ave La Pata
150.5	C	10.2	cont straight onto Antonio Pkwy
160.7	R	0.2	Santa Margarita Pky (TL)
160.9	L	0.6	Plano Trabuco Rd (TL)
161.5	L	1.1	Trabuco Canyon Rd - Steep, curvy descent ahead!
162.6	R	0.0	Trabuco Oaks General Store
162.6	R	4.0	Trabuco Canyon Rd / Live Oak Canyon Rd.
166.6	R	12.3	Santiago Canyon Rd (SS)
178.9	L	3.6	Jamboree Rd (TL)
182.5	L	5.0	Portola Pky (TL)
187.5	R	0.3	Portola Springs (TL)
187.8	R	0.6	Modjeska
188.4	L	1.7	Irvine Blvd (TL)
190.1	L	2.0	Alton Pkwy (TL)
192.1	R	0.6	Rancho Pkwy (TL)
192.7	R	0.1	Orchard Rd
192.8	L		Staybridge Inn
			CONGRATULATIONS!!!
			Emergency: Dial 911

EMAIL YOUR STRAVA LINK: embassy@planetultra.com
Must be received by Planet Ultra within 24 hours of finish