

At	Turn	Go	Camino Real Double Century: Lowland
Start Line: Staybridge Inn & Suites, Lake Forest			
0.0	R	0.1	Exit hotel right onto Orchard Rd.
0.1	R	0.1	Rancho Pkwy S (SS)
0.2	L	0.2	Bake Pkwy (SS/T-int)
0.4	R	1.0	Rancho Pkwy (TL)
1.4	R	0.4	Portola Pkwy (TL)
1.8	R	2.3	El Toro Rd (TL)
4.1	R	2.6	Trabuco Rd (TL) / becomes Irvine Blvd.
6.7	L	8.4	Alton Pkwy (TL)
15.1	L	2.1	Harvard Ave (TL)
17.2	R	1.8	University Dr (TL)
19.0	L	1.7	Jamboree Rd (TL)
20.7	L	3.6	San Joaquin Hills Rd. (TL)
24.3	R	0.2	Water at Starbucks Parking Lot: 5:30-6am (then exit back to San Joaquin Hills)
24.5	R	2.6	Newport Coast Dr (TL)
27.1	L	4.7	Coast Hwy (TL)
31.8	L	3.4	Broadway/Laguna Canyon Rd / SR-133 (TL)
35.2	R	1.5	El Toro Rd (TL)
36.7	R	4.4	Aliso Creek Rd (TL)
41.1	R	2.3	Alicia Pky (TL)
43.4	R	2.9	Crown Valley Pky (TL)
46.3	L	2.0	Pacific Coast Hwy (TL)
48.3	R	0.2	Green Lantern St (Before Blue Lantern TL)
48.5	L	0.3	Cove Rd (SS) - Super steep descent!
48.8	L	0.1	Dana Point Harbor Dr (SS)
48.9	@	1.1	Mini Stop (Water and bars only): 7:45am to 9am
50.0	R	4.0	Pacific Coast Hwy (TL) / El Camino Real
54.0	R	3.1	Avenida Pico - Follow Bike Route Signs
57.1	R	1.0	Avenida Del Presidente
58.1	L	0.0	Cristianitos Rd (SS)
58.1	R	1.0	Enter bike trail heading South
59.1	C	2.7	Exit through fence, continue South
61.8	C	1.0	Enter campground
62.8	@	2.2	Stop at CP1: 8:15am to 11am
65.0		3.4	Campground exit.
68.4	R	0.2	Las Pulgas Rd. (SS)
68.6	L	7.5	Enter I-5 Southbound (please ride through rest area)
76.1	Exit	0.3	Exit I-5 at Oceanside Harbor Dr.
76.4	C	0.7	Straight across Harbor Dr. onto Coast Highway (TL)
77.1	R	0.1	Neptune Way
77.2	R	7.4	Enter bike trail at the end of Neptune Way
84.6	R	0.2	College Bl - after loop under bridge - exit bike bath.
84.8	R	0.2	North River Rd. / Vandegrift Blvd (TL / T-int)
85.0	R	4.1	to stay on North River Rd. (TL)
89.1	R	0.6	Hwy 76 (TL / T-int)
89.7	R	2.6	Old River Rd. (TL)
92.3	R	4.7	Camino Del Rey (SS) in Bonsall
97.0	R	0.7	Old Hwy 395 (SS / T-int)
97.7	R	0.0	Stop at CP2- All Seasons Campground: 10:15am to 1:30pm
97.7	R	0.5	Old Hwy 395
98.2	L	5.5	Old Castle Rd.
103.7	L	1.5	Lilac Rd (EASY TO MISS!)
105.2	L	1.9	W Lilac Rd.
107.1	R	8.4	to stay on W. Lilac Rd. (SS)
115.5	R	0.3	Camino Del Rey (SS)

115.8	R	0.3	to stay on Camino Del Rey (SS)
116.1	L	5.3	CA-76 (TL)
121.4	R	0.9	Santa Fe Ave then go STRAIGHT ONTO BIKE PATH
122.3	R	0.1	Tyler St (becomes Andrew Jackson St)
122.4	R	0.6	San Luis Rey River Trail
123.0	@	7.1	Mini Stop (Water and bars only): 1pm to 3:30pm
130.1	R	0.2	exit bike trail onto N. Pacific St.
130.3	R	0.3	Harbor Dr
130.6	R	0.4	to stay on Harbor Dr.
131.0	L	7.5	I-5 Northbound (please ride through rest area)
138.5	R	0.2	Exit I-5 at Las Pulgas Rd
138.7	R	0.1	Las Pulgas Rd. (SS)
138.8	L	3.2	Bike Trail. Back track morning route on trail!
142.0	@	0.7	Enter South end of campground
142.7	@	2.5	Stop at CP3: 1:15pm to 5pm. NOTE: Park closes at sunset. Aid Station must close on time so Staff may leave before gates are locked for the night. If you arrive late, please plan to self-support.
145.2		2.7	Exit North end of campground at the ranger shack.
147.9	R	0.1	to bike crossing.
148.0	R	1.1	Cross road and turn right through fence opening.
149.1	L / R	1.1	Cristianitos Rd / then immediate right onto Ave Del Presidente
150.2	L	2.9	Ave Califia - then follow Bike Route Signs
153.1	L	0.1	at traffic circle take 2nd exit (left) onto Boca De La Playa
153.2	R	0.1	Ave Pico
153.3	L	2.7	El Camino Real (TL) / becomes Coast Hwy / becomes Doheny Park Rd.
156.0	L	0.0	Beach Rd (says Palisades Rd on right side) (TL)
156.0	BR	1.1	onto Dheney Beach Trail / becomes Park Lantern
157.1	L	0.1	San Juan Creek Trail
157.2	L	0.9	to stay on San Juan Creek Trail
158.1	L	0.1	to exit bike path at Stonehill Dr.
158.2	R	0.2	Stonehill Dr.
158.4	L	6.1	Camino Capistrano (TL)
164.5	R	0.0	Paseo de Colinas
164.5	R	3.0	Cabot Rd. (TL)
167.5	L	1.8	Paseo De Valencia (TL)
169.3	L	0.7	Laguna Hills Dr (TL)
170.0	R	1.3	Moulton Pkwy (TL)
171.3	R	8.6	Mini Stop at Coffee Bean parking lot: 5pm-9pm (exit how you came in and turn Right on Moulton / becomes Irvine Center at mile 173.1)
179.9	L	0.2	Harvard Ave (TL)
180.1	R	1.0	Moffett Dr. (TL)
181.1	R	4.0	Tustin Ranch Rd. (TL)
185.1	R	5.3	Portola Pkwy (TL)
190.4	R	0.3	Portola Springs (TL)
190.7	R	0.6	Modjeska
191.3	L	1.7	Irvine Blvd (TL)
193.0	L	2.0	Alton Pkwy (TL)
195.0	R	0.6	Rancho Pkwy (TL)
195.6	R	0.1	Orchard Rd
195.7	L		Staybridge Inn
			CONGRATULATIONS!!!
			Emergency: Dial 911
			Brian Bowling: 949-939-4547 for en route assistance

TEXT FINISH TO DEBORAH BOWLING (818) 624-4544